

**INTERNATIONAL INDIAN SCHOOL, RIYADH**

**WORKSHEET FOR FIRST TERM 2015-2016**

**SUBJECT: XII**

**SUBJECT: HOME SCIENCE**

**ANSWER THE FOLLOWING:-**

1. EXPLAIN THE VARIOUS DOMAINS OF GROWTH AND DEVELOPMENT.
2. BRIEF ON THE PRIMARY AND SECONDARY SEXUAL CHARACTERISTICS OF ADOLESCENT BOYS AND GIRLS.
3. JUSTIFY THAT ADOLESCENCE IS A PERIOD OF STRESS AND STORM WITH VALID REASONS.
4. YOU AS A HOMESCIENCE STUDENT, EXPLAIN YOUR MOTHER ON VARIOUS FACTORS AFFECTING SELECTION OF FOODS.
5. WHY SHOULD YOU ADOPT VARIOUS PRINCIPLES OF MEAL PLANNING?
6. PRESENT THE FORMAT OF THREE HOUSEHOLD RECORDS.
7. HOW WILL YOU OPEN ACCOUNT IN A BANK?
8. WHAT ARE THE VARIOUS ACCOUNTING OPERATIONS IN POST OFFICE?
9. WHICH ARE THE GUIDELINES FOR SOUND INVESTMENTS?
10. PRESENT THE ADVANAGES OF SHARES, DEBENTURES AND UNITS.
11. ENLIST THE PRIMARY FUNCTIONS OF CLOTHING.
12. EXPLAIN THE COLOUR SCHEMES.
13. HOW WILL YOU CREATE HARMONY AND EMPHASIS IN A SALWAR KAMEEZ?
14. WHAT ARE THE VARIOUS COMPONENTS OF INCOME? EXPLAIN.
15. WHAT IS YOUR COGNITIVE DEVELOPMENT IN YOUR STAGE OF ADOLESCENCE?
16. WHAT IS THE IMPACT OF CULTURE AND MEDIA ON ADOLESCENTS?
17. HOW IS BREASTFEEDING ADVANTAGEOUS TO MOTHER AND INFANT?
18. WHAT ARE SPECIAL CHARACTERISTICS OF ADOLESCENCE?
19. WHAT ARE CAREER OPPORTUNITIES AVAILABLE TO HOMESCIENCE GRADUATE IN THE FIELD OF NUTRITION AND TEXTILES?
20. WHAT ARE THE DIFFICULTIES IN MEAL PLANNING FOR OLD PEOPLE?

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